



Smart Choices School Leaders Update

New Resources

- This handout developed by USDA provides great tips to communicate changes to families, it is also available in Spanish
http://www.fns.usda.gov/cnd/healthierschoolday/pdf/School_Meals_Summary.pdf
- School wellness council toolkit
http://www.healthiergeneration.org/uploadedFiles/For_Schools/Helpful_Tools/08Toolkit_SWC.pdf
- Resources to inform and empower parents to change their child's school food environment
http://www.ruddrootsparents.org/change_school_food.aspx
- Healthy food/beverage snack list for schools <http://www.johnstalkerinstitute.org/alist/alist.pdf>
- Healthy vending resource <http://www.healthystudentvending.com/planograms.php>

Training Opportunity

Webinar Series on Local School Wellness Policies

The Minnesota Department of Education is offering a series of three webinars on local student wellness policies,

Making a Difference in Student Health: The Importance of Local Wellness Policies.

The webinars are intended for a wide variety of stakeholders that influence and implement the local student wellness policy, including school board member and administrators, school nurses and other school health personnel, school nutrition program operators, other interested school staff members, Statewide Health Improvement Program (SHIP) Coordinators, and local public health.

1. [Local Wellness Policies: The importance of Policy in Influencing Student Health](#) | **Oct 31, 2p** | Audio: 1-888-742-5095, Conference Code: 308 446 3068
 - What is a local wellness policy and why is it needed?
 - Current and proposed local wellness policy regulations
 - Pulling together your local wellness policy team

- Tips for making lasting policy change
- The challenges and opportunities of template policies

2. [The Nuts and Bolts of Evaluating Wellness Policies at the Local Level](#) | **Nov 13, 2p** |

Audio: 1-888-742-5095, Conference Code: 308 446 3068

- Evaluating the local wellness policy using WellSAT
- Local level examples
- Post-evaluation: resources to strengthen your policy

3. [Local Wellness Policy: What are your Successes and Challenges?](#) | **Nov 27, 2p** | Audio: 1-888-742-5095, Conference Code: 308 446 3068

This webinar is a follow-up to the first 2 webinars that will include time for discussing your successes and challenges in implementing local wellness policies and questions and comments gathered during the first 2 webinars.